My yoke is easy, and my burden light.
St. Barnabas the Apostle

Fourteenth Week of Ordinary Time

Monday, July 10
6:30 AM  For the Intentions of Anthony Chiofolo
9:00 AM  Winnie Traynor  Joseph Tencza
         Josephine Faiella
         William Zagarino
         George Stockerl
         Gloria Branscum

Tuesday, July 11
6:30 AM  St. Benedict
         Elaine Sullivan
         Dave and Joan Tubridy

Wednesday, July 12
6:30 AM  Charlie and Ann Klika
         Terri Ann Clarke

Thursday, July 13
6:30 AM  Edward Irving
         Carl and Dolly Nobile
9:00 AM

Friday, July 14
6:30 AM  Glenn Bert
         Nancy Stabile
9:00 AM

Saturday, July 15
St. Bonaventure
8:00 AM  Luigi Zaccardi
3:30 PM  Wedding:
         Christopher Swanson and
         Maura Fallon
         Adeline Scaduto
         Maria Lahara  Robert Barreto
         Gregory Vaughan
         Anthony Iannelli
         Intentions of Mario Cacace
         Salvatore and Maria Stella Natale
9:00 AM

Sunday, July 16
Wall and O’Neil Families
Fr. Francis  7:00 AM  Rhiannon Scott
Fr. Charles  9:00 AM  For the People of Our Parish
Fr. Adrian  10:30 AM  Ruth Guy
Fr. Charles  12:00 PM  James Clare
Fr. Adrian  5:00 PM
Ever notice how men’s clothes are getting tighter and tighter? Once I could pick a shirt off the rack, and by looking at the size, be certain it would fit. Now there are so many brands designed only for the slim man. I could force myself into it and think ‘look at me wearing so-and-so label’, but it never works. It’s more important to have clothes that fit and feel comfortable!

Even more than that, it’s important to have a life that fits us, that gives us peace and satisfaction. Does your life “fit”? Do you feel free and alive? Or do you feel burdened and drained of energy? Do the convictions you hold, the choices you make, and the goals you set, provide you with purpose and satisfaction? Or does your life feel as if you are wearing a shirt that is too small, pinched and painful, needing relief? That’s what Jesus is talking about today.

That’s what Jesus is talking about when he invites us, “Take my yoke upon you.” That’s what Jesus promises when he says, “my yoke is easy, and my burden is light.” The Jews in his audience were familiar with talk about wearing a “yoke”. In their faith, commitment to following God’s instruction and seeking to live one’s life under God’s wisdom was referred to as wearing a ‘yoke’. And the opponents of Jesus, those infamous Pharisees, had made wearing that yoke a heavy, demanding, draining burden for their followers to carry. Yes, Jesus’ first audience knew what it meant to wear a ‘yoke.’

Before Jesus began his public ministry, He was a carpenter. As a carpenter he would have been asked to carve a yoke for oxen. When customers brought a team of oxen to Him, He would spend a good deal of time measuring the great beasts carefully - their height, their width, the gap between the two animals, the heights of their shoulders. He would go to work, and a week later, the customer would bring the oxen back for the fitting. He would gently place the yoke over their shoulders, watch for rough places, and carefully smooth the yoke until it fit perfectly. For the oxen, the yoke was then easy. And that’s the kind of yoke Jesus offers us - one that fits. A yoke that gives us energy and life. A yoke that doesn’t feel like a burden but, instead, is a joy to wear!

Jesus is inviting us today, ‘Come! Take my yoke upon you. You’ll find that it fits you just right!’ In contrast to the yoke of the Pharisees, the yoke of Jesus is light. The Pharisees would typically load their followers down with commandments and expectations, and then say, ‘You’re on your own!’ There are other yokes like that inviting us today to take them upon ourselves. We’re invited to buy into the cultural myth that having lots of money and owning lots of stuff will make life full and meaningful. And then, when that path leaves us empty, we’re told: ‘Sorry! You’re on your own.’ And the same goes for other would-be yokes as well. Power. Sex. Drugs. Alcohol. Popularity. Nobody, except Jesus can offer us an eternal yoke, a forgiving yoke, a yoke that promises guidance and direction that leads to abundant life. The yoke of Jesus comes with love and peace and strength to bear our burdens. It’s a yoke that promises strength.
**The Week at a Glance**

**Sunday:**
- 1:30 PM Baptisms, Church
- 7:30 PM Al-Anon, School

**Monday:**
- 7:30 PM Charismatic Prayer Group, HFC

**Tuesday:**
- 7:00 PM Baptism Class, Church
- 7:30 PM Respect Life Meeting, Nazareth Room

**Wednesday:**
- 7:30 PM Al-Anon, Rectory

**Thursday:**
- 7:00 PM Bible Study, Rectory

**Friday:**
- 1:30 PM Lectio Divina, Convent
- 7:30 PM Lectio Divina, Convent

**Saturday:**
- 8:00 AM Men’s Group, HFC
- 11:30 AM Baptism
- 12:30 PM Confessions, Church

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**We Pray For Our Deceased**
- Patricia O’Connor
- Anthony J. Dragonetti
- Margaret Matthews
- Theresa Turner
- Loretta M. Walshe
- William Roppolo
- William Fitzgerald
- Stephen Hoyne
- Soccorso Angelo Gergorio

**Sanctuary Lamp**
In loving memory of the Wall and O’Neil Families from Barbara O’Neil.

**Eucharistic Bread and Wine**
In loving memory of Clarence G. Anspake, Jr. from his wife Grace.

**Blessed Mother’s Altar**
On the occasion of the wedding of Siobhan O’Connor and Frank Montalbano, with love from Grandma and Grandpa Whelan.

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**We Pray For Our Sick**

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**Financial Report**

**Catholic Ministries Appeal**
- Goal: $106,400
- Donors: 487
- Pledged: $112,159
- Received: $83,338

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**Thank you for your generous support of our Second Collections**
- July 9th: Maintenance & Repair
- August 13th: Maintenance & Repair
- August 15th: Assumption
St. Barnabas Rosary Makers
The St. Barnabas Rosary Makers are dedicated to promoting the mission of our Blessed Mother which is the message of the Rosary. Our goal is to teach and spread this sacred devotion, first by making rosaries, and then sending them to different countries throughout the world. We are looking to invite new members to join our group. The St. Barnabas Rosary Makers meet every Wednesday evening at 7:00 PM in the School cafeteria.

The Year of Fatima
100 years after the last appearance in Fatima by Our Lady, she still encourages us to pray the rosary as a family. A beautiful pilgrim statue of Our Lady of Fatima is now available to anyone who would like to invite her into their home for a week to pray the rosary with their family. Please call Vin Murray at 781-7846 to reserve a time.

Bellmore Knights Bicycle Fundraiser
The Bellmore Knights of Columbus will host their fifth Bicycle Ride for Charity and the fourth ride specifically for the St. Jude Children’s Research Hospital. Last year we raised over $10,000 as the event continues to gain greater participation. Please consider riding with us and then meeting at the Columbus Club afterwards for a BBQ and raffle drawings. Mark your calendar for September 23rd and start training for one of our courses (25, 50 or 100 miles). This year we will also accept other forms of participation such as running. Call Ken Yager for more information at 554-7575.

Golden Jubilee of the Charismatic Renewal
You still have time to join us and celebrate the Golden Jubilee of the Charismatic Renewal in our Catholic Church. The Charismatic Conference and celebration will be held in Scranton, Pennsylvania at Scranton University. Conference dates are August 4th, 5th and 6th. Our Jubilee Theme will be, “All were filled with the Holy Spirit.” Acts 2:4
Bus transportation is available for the weekend. A charter bus will be picking up all interested at Saint Cyril and Methodius Parish in Deer Park and at Our Holy Redeemer in Freeport. For conference Registration Forms and transportation information call Anna Baciuska 776-5750. Limited seats still available on the bus.

Commonsensemedia.org
Summer, for children, often means more unstructured time and maybe less supervision. Don’t fall into the trap of letting social media and the internet become your child’s connection for peer interactions. Commonsensemedia.org offers suggestions for safe on-line apps for children of all ages and tips for parents concerned about their children’s internet use. The Office for the Protection of Children and Young People maintains a confidential phone line: 594-9063. We are available to help you or anyone who has been abused or victimized by someone representing the Catholic Church. All calls are responded to within 24 hours.”

Theology Courses
Graduate level courses in Theology are open to those seeking a Master’s Degree, or those not looking to pursue a degree, but who have an undergraduate degree (or its equivalent.) Workshops are open to anyone seeking to enrich their faith. If you are interested, please visit our website or call for more information regarding our tuition and courses. Four day workshops are offered July 24th, 25th, 27th and 28th. Classes are at the Seminary of Immaculate Conception in Huntington. For more information call (631) 423-0483 ext.147 or visit www.dunwoodie.edu.

Radio City Christmas Spectacular
We were recently contacted by Radio City inquiring if we were interested in tickets for the 2017 Christmas Spectacular. While we had a successful trip last year which all the participants greatly enjoyed, we barely were able to meet the minimum amount to make the trip feasible. We did go late in the month of December which may have been a contributing factor to so few people showing interest. If we were to do the trip again this year, it would be earlier in December. If you would be interested in participating in this trip in early December, please let us know. Also let us know how many people will be accompanying you. If 20
people express interest in going, we will go ahead with plans for the trip. Please call the rectory if you are interested at 785-0054.

Catechetical Congress 2017
‘Living as Missionary Disciples’. Registration for the Catechetical congress is now open. Featuring keynote speaker - The Most Reverend John O. Barres, Bishop of Rockville Centre. Saturday, September 16th from 8:30 AM to 5:00 PM at St. John the Baptist High School. The cost is $50 per person. Please send your check payable to ‘Office of Faith Formation.’ Once payment is received, your registration will be marked as confirmed. Remit payments to: Diocese of Rockville Centre, Attn: Carolann Malinowski, Office of Faith Formation, 50 North Park Avenue, Rockville Centre 11570.

For Young Adults in their 20s and 30s
Join us for our Young Adult BBQ Social & Talk “God Makes the Ordinary...Extraordinary.” A time to meet new friends and re-connect with old friends. After enjoying some burgers and hot dogs, join us as we listen to our presenter, Jay Asparro and join in the discussion! Tuesday, July 18th, 7:00 PM at Starfish Coffee House, St. Francis of Assissi Church, 29 Northgate Drive, Greenlawn. Private entrance on the side of the rectory. For questions or to RSVP please contact Marianne Sheridan at msheridan@drvc.org. Please reply by July 16th.

Widows and Widowers, Divorced and Single Catholics of Long Island
Our meetings are held every 4th Wednesday at St. Frances De Chantal School, 1309 Wantagh Ave., Wantagh. Refreshments are served after the meeting. For information, call Carol at 794-4933 or Barbara at 798-2858.

Tabor Retreat Center
Spiritual Friendship...What is it...and How Do You Cultivate It?...on Saturday, July 15th from 9:30 AM - 3:00 PM. How can you create a sacred space within your friendships? What are the rewards of sharing your spirituality? Come to this retreat. You may meet a new spiritual friend. Donation - $30. Deposit - $10.

Summer Health Series...July 19th - Your True Inner Healing Potential. Free Will Offering (your monetary expression of the fruit received from the program and sacred space).
WEBCAST - The Best of CAC Conspire 2017. Weekend Retreat from July 21st at 7:30 PM - Sunday, July 23rd at 12:00 PM. Join us for an interactive and reflective weekend as we pray with and watch a webcast of the July 2017 CAC Conspire Conference. The offering for Overnight is $180 and commuter is $145. A deposit of $80 is required. To register for any of these retreats, or if you have questions call 536-3004 or visit www.taborretreatcenter.net.

China Support Group
Adoption: Children in China need homes. More boys are available than girls. Older parents and single women are welcome. Come join other adoptive families and be part of our support group. For information, problem solving hints, and a discussion of issues that will impact our children and our lives, be part of a pioneer group that will forge strong bonds and friendships between our children and families. We will be meeting at St. Anthony’s Church in Nanuet, NY in the Shrine Church Hall at 7:00 PM on the first Tuesday of the month. For more information, call Barbara Salvesen at (845) 623-5277.

Friends of the Poor Walk
The Society of St. Vincent De Paul Friends of the Poor Walk will take place on Saturday, September 30th (rain or shine) at Bethpage Community Park, 1001 Stewart Avenue, Bethpage. Registration/check in at 9:00 AM. Every donation goes to help people in need in our community. To support us through a donation, checks may be mailed to SVDP - St. Barnabas Conference, Attn: Friends of the Poor Walk, 2320 Bedford Ave., Bellmore 11710. For questions, call 822-3132.

High School Prep Courses
St. John the Baptist in West Islip will run five 2 1/2 hour sessions beginning in September. Please visit www.stjohnthebaptistdhs.net or call (631) 587-8000 ext. 117.
Sacred Heart Academy in Hempstead is holding courses from August 21 - 25th, September 16 and
October 21st from 8:00 AM - 10:30 AM or 11:15 AM - 1:15 PM. Cost is $200 (includes all materials). To register please send a check made payable to Our Lady of Mercy Academy. Please include parent name, student name and telephone number with your check. For further information call Mrs. Mehern at 921-1047 ext. 110.

Fall Driver Education
Holy Trinity High School in Hicksville is offering driver education from September 2017 - January 2018. Classes are offered before school, after school (2:40 PM and 4:00 PM) and on Saturdays. For information and application call 433-4852 or go to www.holytrinityhhs.org (click on Student Life/Driver Education). This course is open to students 16 years of age and older from all High Schools.

The Charismatic Prayer Group
Please join us. Our meetings are held every Monday evening in the Holy Family Chapel from 7:30 PM to 9:00 PM. Coffee and cake are served after every meeting. For further information, call Ellen O’Malley at 221-0574.

Help Wanted
Our Holy Redeemer is looking for a part time, experienced cashier for their Thrift Shop. 18 hours/week. For information, please contact Mrs. Joann Flaherty at 378-0665.

Summer Splash
Join in the Summer Splash! Cure of Ars Church is having a raffle opportunity to win cash prizes. Purchase a ticket for $100 - Great winning odds: 3 in 500. 1st Prize: $7,000; 2nd Prize: $2,000; 3rd Prize: $1,000. Buy 4 tickets in one purchase (under same name) and get 5th ticket free. Drawing will be on the last day of summer, Thursday, September 21st. Winner need not be present. For information, call Anne at (516) 546-1004.

Worldwide Marriage Encounter
Find out how love and communication can ease your burdens by attending a Worldwide Marriage Encounter Weekend. The next WWME Weekends are November 3-5 in Huntington and August 11 - 13 in Wappingers Falls. For more information, call John and Torio at (718) 344-3700 or visit www.wwmeli.org.

“Open House” Job Fair
Catholic Charities, Diocese of Rockville Centre is looking for individuals to be part of their faith-based ministry to care for clients in their 20 group homes located across Long Island in Nassau, Suffolk and the East End. PT, FT, evening, awake overnight and many flexible ‘on call’ opportunities are available for positions working with developmentally disabled adults, and adults and children with serious mental health diagnoses. All positions require a HS Diploma/GED and valid NYS Driver’s License. To schedule and ‘Open House’ interview on Tuesday, July 11th from 3:00 PM - 7:00 PM, call 733-7000.

Life Center Dinner Dance
Save the Date: Friday, September 29th. Come celebrate the 31st Anniversary of the Life Center of Long Island. Woodbury Country Club, 884 Jericho Tpke, Woodbury. 6:00 PM - 11:00 PM. Ticket price is $150 per adult. Special Guest Speaker - Jor-El Godsey, President, Heartbeat International.

Catholics for Freedom of Religion
The Supreme Court ruled decisively on June 26th, in a 7-2 decision, that denying a church “an otherwise available public benefit on account of its religious status,” violates the Free Exercise Clause of the First Amendment to the Constitution. The State of Missouri had prohibited a Lutheran preschool from receiving public rubberized material made from old tires in order to resurface the playground. Chief Justice Roberts wrote, “the exclusion of Trinity Lutheran from a public benefit for which it is otherwise qualified, solely because it is a church, is odious to our Constitution and cannot stand.”

St. Vincent de Paul Society
In the Gospel today we hear Jesus say, “Come to me, all you who labor and are burdened, and I will give you rest.” The love Jesus speaks of is a self-sacrificing love that knows no bounds when the good of the other is at stake. Not only will we find rest and refreshment in Christ as we move along the road of life, but He would have us learn from Him, meekness and humility of heart. Gentleness and
Humility of heart contribute much to our peace and rest on our journey to Heaven. Lord make us humble servants with ears to hear the cries of the poor. Please support the poor and needy of the parish.

**Summer Church Camp**

Our Lady of the Shrine Church Camp for grades K-6. Session I runs from July 17th - July 20th and Session II from July 31st - August 3rd. 258 Eastport Manor Road, Manorville. $80 for first child + $40 for sibling. For more information, please call (631) 325-0661.

**To place a notice in our Bulletin**

Email Bulletin11710@aol.com.

**To place an advertisement on our cover**

Call The Church Bulletin at (631)249-4994.

**Regular Sacrificial Giving**

You can contribute to St. Barnabas with on-line banking and bill paying services. Call the rectory to request the service. Send a check to St. Barnabas with your weekly collection donation indicated. Include your Name, Address & Envelope Number. Each week this amount will be credited to your account. This eliminates using weekly envelopes and guarantees that your donation will be received.

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**Banns of Marriage**

Thomas Vaughan and Lauren Napolitano  
Joel Vicente and Jacqueline Orejel

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**PRAY FOR OUR MILITARY**

-May the Lord preserve the members of our Army, National Guard, Navy, Marines, Air Force, Merchant Marine, Coast Guard and Peace Corps from all harm.

**US Army:** General Paul Hurley, PFC David Calame, Jr., PFC Justin Oney, Chaplain Spec Kevin A. Bauer, Major Eric Reid, SPFC Sean Luhman, SPC Andrew Crowley III, Lt. Richard Joseph Holahan, Major Benjamin H. Klimkowski, Staff Sgt. Eric S. Loughran, Staff Sgt. Christopher Price, SPC Kieran Riordan, First Lt Marlene Dwyer, Cpl. Alexandra Caudullo, Sgt. 1st Class Steven Seidenstein.

**National Guard:** Major James McLean, A1C James Mikowski, Airman First Class Thomas Ruggiero.


**US Air Force:** Capt. McLean G. Bethea, Nicholas P. Wright, Rev. Major Timothy Hirten

**US Merchant Marine:** Lt. J.G. Eric Stumpel.

**US Coast Guard:** Lt. J.G. Robert M. Scaduto, Jr.

**US Peace Corps:** Patrick Coons
Our Lady of America

In the month of July, we celebrate the founding of the United States of America. St. Barnabas Catholic Church cordially invites you to join us for a night dedicated to Our Lady of America. It will be a beautiful candlelit evening, filled with adoration, contemplative worship, and patriotic hymns. The sacrament of reconciliation will be available. Selected excerpts from the Diary of Sister Mary Ephrem Neuzil will be read intermittently throughout the evening.

Whether you are looking to deepen your faith, or even if you haven't been to church in years, you are invited to join us for an evening of quiet refuge and private prayer. Consider this evening as a mini-retreat for the weary pilgrim.

The evening dedicated to Our Lady of America will be held on Friday, July 21st from 7:00 PM - 10:00 PM at St. Barnabas Catholic Church, 2320 Bedford Avenue, Bellmore, New York 11710. Phone #: (516) 785-0054
St. Elizabeth Ann Seton
Regional Catholic School

Where we “Embrace” our faith with Respect, Responsibility & Reverence.

Please visit our website, www.steas.com and Facebook Page for all our news and current events.

SEAS Summer of Reflection ~ Check out what happened last September at SEAS...

Embrace Your Faith! Enroll Today!

CALL FOR A TOUR ~ (516)785-5709

Our Programs Include: Our Time (2 year old program), Nursery, 3 & 5 Day Pre-K, and K-8.

Find out how a Catholic Education will provide your child with the tools to lead a happy and virtuous life!

Grandparents give a life long gift of a Catholic education!

2341 Washington Ave, Bellmore ~ Next to Saint Barnabas Church
“My yoke is easy.”

Use the code to write in the missing letters.

\[ \star = a \quad \heartsuit = e \quad 
\dagger = o \]

“... __nd n__

__n__ kn__ws

th__ F th__r

__xc__pt

th__ S__n.”

Find 6 scrolls hidden in the picture.

Follow the 4 paths to help all the people get to Jesus.
Find the letter that is in the first word, but not the second. Write the letters on the lines and then fill in the blanks below.

1. where / here ______
   share / rash ______
   taste / test ______
   drink / kind ______
   daisy / said ______

2. burn / run ______
   ounce / cone ______
   horse / shoe ______
   down / won ______
   note / not ______
   near / are ______
   bread / drab ______
   devil / live ______

“Come to Me, all you who are ________ and ____________, and ___________, and I will give you rest.”

Find the children in the picture below. Each has a letter. Use these letters to fill in the blanks.

“__hey are li__e c__ld’en sittin’ in the __arket__laces and __alling out to other__.”

What else did Jesus say?

Each of these circles contains a word that completes the sentences below. Words can start anywhere and go clockwise or counter clockwise. Can you figure them out and put them on the lines below?

1. ________ 2. ________ 3. ________
4. ________ 5. ________ 6. ________

“We ________ the ________
   for you, and you did not ________;
   we ________ a dirge, and you did not
   mourn.” For John came neither ________
   nor drinking, and they say, “He has a ________.”

Jesus said wisdom is proved right through actions!

Use the code below to learn more from Jesus.

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| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
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Jesus said,

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| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
| 5 | 8 | 9 | 9,10 | 1 | 5 | 10 | 3 |
| 13 | 8 | 11 | 3,4 | 1 | 10,11 | 4,5 | 3 | 9,10 |
| 6,7 | 8 | 9,10 | 2,3 |
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| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
| 8 | 3,4 | 4,5 | 3 | 1 | 11,12 | 3 | 7,8 | 1 | 7,8 | 2,3 |
| 3 | 1 | 9,10 | 10,11 | 4,5 | | 1,2 | 3 | 2 | 1 | 11 | 10 | 3 |
| 13 | 8 | 11 | 4,5 | 1 | 11,12 | 3 |
| 4,5 | 5 | 2,3 | 2,3 | 3 | 7,8 | 10,11 | 4,5 | 3 | 10 | 3 |
| 10,11 | 4,5 | 5 | 7,8 | 4 | 10 | 3,4 | 9,10 | 8 | 7 |
| 10,11 | 4,5 | 3 | 12 | 5 | 10 | 3 | 1 | 7,8 | 2,3 |
| 9,10 | 3 | 11,12 | 3 | 1 | 6,7 | 3 | 2,3 | 10,11 | 4,5 | 3 | 7 |
| 10,11 | 8 | 6,7 | 5 | 10,11 | 10,11 | 6,7 | 3 |
| 2 | 4,5 | 5 | 6,7 | 2,3 | 9,10 | 3 | 7,8 | 3 |
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