THE START OF LENT
ASH WEDNESDAY
March 3, 2019
ST. BARNABAS Rectory
2320 Bedford Avenue
Bellmore, NY 11710
Rev. Adrian McHugh, Pastor
Rev. Kevin Gruber
Rev. Michael Ngoka, CM

PHONE 516-785-0054
CELL 516-808-5491
FAX 516-221-7789
PARISH APP myparishapp.com
WEBSITE stbarnabasny.org
MORE stbarnabasny.formed.org
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FACEBOOK .com/St-Barnabas

Office Open Monday - Friday:
9:00 AM to 5:00 PM;
(Closed Weekdays:12:30-1:30 PM)
Saturday & Sunday: 9 AM to 1 PM

Mass Times
Monday to Friday: 6:30 and 9 AM
Saturday: 8:00 AM
Vigil : 4:30 & 7 PM
Sunday: 7, 9, 10:15, 10:30 AM;
12 & 5PM.
Confessions Saturday 12:30 PM

Baptisms are celebrated on Saturday at
11:30 AM and Sunday at 1:30 PM when
the Church is available

The Sacrament of Anointing of the Sick
is celebrated on the fourth Saturday
after 8:00 AM Mass

Contact the Rectory for information on
the Sacrament of Matrimony

St. Elizabeth Ann Seton School
Principal, Ms. Leeann Graziose
516-785-5709

St. Barnabas Christian Formation
Mrs. Marjorie Lampert
516-785-0130

Youth Ministry &
Confirmation Preparation
Mr. Kieran Maelia

Social Ministry
Mrs. Alice Witt 516-785-6243

Music Ministry
Mr. William R. Dione

Business & Personnel
Mr. John G. Nappi

Sunday Readings Hymnal #876
St. Barnabas the Apostle
Ordinary Time Eighth Week

Monday, March 4
Fr. Michael  6:30 AM  Anna Katerina McTigue
Fr. Kevin  9:00 AM  Jerry Hefner
            Thomas Lilly

Tuesday, March 5
Fr. Kevin  6:30 AM  Charlie and Ann Klika
Fr. Adrian  9:00 AM  Elaine Rezny

Wednesday, March 6  Ash Wednesday
Fr. Adrian  6:30 AM  Mass
Fr. Michael  9:00 AM  Mass
Fr. Kevin  12:00 PM  Mass
Fr. Adrian  4:15 PM  Service, HFC
Deacon Cody  4:15 PM  Service, Church
Fr. Michael  6:00 PM  Service
Fr. Kevin  8:00 PM  Mass

Thursday, March 7
Fr. Michael  6:30 AM  Pauline Schlenke
Visitor  9:00 AM  St. Elizabeth Ann Seton School Mass
            Grade 4 leading

Friday, March 8
Fr. Adrian  6:30 AM  Rosemarie Pietroforte
Fr. Michael  9:00 AM  Rose Grandiulle, Mary Kennedy and
            Barbara Gutteriz

Saturday, March 9
Fr. Adrian  8:00 AM  Alfredo Moneta, Marie Monaco and
            Isabelle Buonomo
Fr. Michael  4:30 PM  Edward Nallan
            Nancy Stabile - 9th Anniversary
            Nancy Lambert
            Gloria DeLorenzo
            Cathy Fisher
            Charles J. Hynes
Fr. Kevin  7:00 PM  Antonio Procopio

Sunday, March 10  First Sunday of Lent
Fr. Michael  7:00 AM  Richard Kuhn
Fr. Adrian  9:00 AM  For the People of Our Parish
Fr. Michael  10:15 AM  Theresa Linder
Fr. Kevin  10:30 AM  Vincent Karchinski
Fr. Adrian  12:00 PM  Marie and Walter Paluch
Fr. Kevin  5:00 PM  Florence Theresa Yusko

To place a notice in our Bulletin email stbapostle@gmail.com.
To place an advertisement on our cover call The Church Bulletin at (631) 249-4994.
Mass 6:30 AM, 9:00 AM, 12:00 PM, 8:00 PM
Prayer Service 4:15 PM (Church), 4:15 PM (HFC), 6:00 PM

We mark our foreheads with ashes to remind ourselves that we are not of this world and are made for eternity with God.

"For You have made us for Yourself, and our hearts are restless until they find rest in You."
- St. Augustine of Hippo

Where do the ashes come from?
The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year.

Ashes are a public sign of our intent to die to our worldly desires.

As our foreheads are marked with ashes, these words are said: “Remember, that you are dust, and unto dust you shall return.”

Ashes were used as a sign of repentance in the Old Testament:

“Then I turned to the Lord God, to seek an answer by prayer and supplication with fasting and sackcloth and ashes. I prayed to the Lord my God and made confession.” - Daniel 9:3-4
Prayer fasting

What's Pastor Thinking

This week we celebrate Ash Wednesday, a day of prayer and fasting. Why do people fast? Even though it goes against one of the most basic human needs it is a universal phenomenon which you find in all major religions. So, there must be something rewarding about it. And that something is not physical!

The thing is, fasting doesn't make sense from a human perspective. A person without faith would ask: "why do you do that, starve yourself, and withhold from the pleasure of eating?"

That's very odd. Fasting is one of the spiritual disciplines that have developed in Christianity, to get us into spiritual shape. Just as there is a need for physical conditioning in sports, there is a need for spiritual conditioning to prepare us for the tragedies, adverse circumstances we will face in life.

Through fasting we gain a higher perspective, we strip away the external forces at work upon our lives, it removes us from our circumstances, it helps us to take a different, a higher, perspective. We gain a better attitude - fasting will quiet us down inside, it makes us open to hear God's voice more clearly. The voices, the stresses, the "noise" of the world, which we carry around with us subside, and we are able to listen to God, to reason better, and we become more open for inspiration.

Fasting is for the more mature Christians. Just like you don't start in a gym with the heavy weights, you shouldn't do a radical fast for your first time. Start by doing a partial fast - skip one meal a day or give up one of your favorite foods during Lent, etc.

God is calling us to pray and fast on this Ash Wednesday and during this season of Lent. Let us follow His call and meet Him half-way. Our heavenly Father is already waiting to meet us in our prayers and in our spiritual discipline. Jesus promises that God will reward us, to bless us as we draw near to God through real prayer and true fasting.
We Pray for Our Deceased
William Fonda
Eileen Fairchild
Sister Ann McKeon

Sisters of St. Barnabas Intention
That united in the Eucharist, we may one day share the fullness of life with Christ and with our departed loved ones.

We Pray for Our Sick
Periodically “We Pray for Our Sick” list is amended. At this time, we are asking that you contact the rectory at 785-0054 to advise us whether or not a name should remain or be deleted from the list. Thank you for your assistance.


The Week Ahead

Sunday:
All Masses
7:30 PM Knights of Columbus Membership Drive
7:30 PM Al-Anon, S. Cafeteria

Monday:
7:30 PM Charismatic Prayer Group, HFC

Tuesday:
12:30 PM Friendly Seniors, HFC
7:00 PM Christ Life, HFC
7:00 PM Catholic Daughters, School Cafeteria

Wednesday: Ash Wednesday
7:00 PM Al-Anon, Rectory
7:00 PM RCIA, Convent Room

Thursday:
7:00 PM Liturgical Ministers Meeting, Church
7:00 PM Bible Study, Rectory

Friday:
1:30 PM Lectio Divina, Rectory
1:30 PM Stations of the Cross, Church
5:30 PM Parish Soup Supper, School Cafeteria

Saturday:
8:00 AM Men’s Group, HFC
9:00 AM Liturgical Ministers Meeting, Church
12:30 PM Confession
4:30 PM RCIA - Rite of Sending, Church

Our Finances
2/24/19: $14,019  2/25/18: $18,787
Parish Families Registered:  5,083
Envelopes Mailed: 1,451
Used: 2/24/19:  522              2/25/18:  592

Catholic Ministries Appeal
Goal: $108,900  Donors: 154
Pledged: $31,647  Received: $21,803

Special Collections
This Weekend  St. Vincent de Paul
March 6th  Ash Wednesday — Lent Resources.
To fund the distribution of spiritual books and schedule events during Lent at St. Barnabas.
March 10th  Church in Need
Lent 2019

Dear Friends:

As we begin our prayer, fasting and almsgiving for the needs of the poor and the suffering of the world in this Lenten season 2019, we recommit ourselves to repentance, conversion and holiness individually and as a Church. We remember in a focused way this Lent the survivors of clergy sexual abuse and all forms of abuse and we pray for the purification, reform and sanctification of the Church.

In Rejoice and Be Glad, Pope Francis says: “Do not be afraid of holiness. It will take away none of your energy, vitality or joy (32)...The Lord wants us to be saints and not to settle for a bland and mediocre existence (1)...Holiness is the most attractive face of the Church (9)...The Church needs passionate missionaries, enthusiastic about sharing true life. The saints surprise us, they confound us, because by their lives they urge us to abandon a dull and dreary mediocrity (138).”

One of the ways we commit ourselves to this radiant, natural and humble holiness is by expanding the breadth and depth of our daily engagement with the inspired Sacred Scriptures. We are called to live the words of Psalm 119: “Your word is a lamp to my feet and a light to my path.”

The saints of every decade and century inspire us since “the most profound interpretation of Scripture comes precisely from those who let themselves be shaped by the word of God through listening, reading, and assiduous meditation”. (Pope Benedict XVI, The Word of the Lord) (48) Could each one of us individually and together, united in communion as a Church, take one step with the Holy Spirit this Lent to deepen our love for the inspired Sacred Scriptures?

In his Apostolic Exhortation The Word of the Lord (2010), Pope Benedict XVI gives us an excellent process of praying individual biblical passages, a process of lectio divina or sacred reading of the text that includes reading, meditating, praying, contemplating and living the biblical text. We need to believe with confidence and a spirit of adventure that the Holy Spirit is present in the text and that the Holy Spirit’s tongues of flame are connecting the text to our souls transforming us in mysterious and profound ways.

I would like to analyze and comment on the steps that Pope Benedict XVI proposes to us. (For the complete version of Bishop Barres’ Lenten Letter 2019 which analyzes Pope Benedict’s approach to lectio divina, see this link www.bishopbarreslentletter2019.org.) The Word of God makes us realists who recognize that the Word of God is the foundation of all things. (10)

As your bishop and servant, I invite you during this Lenten Season 2019 and beyond, to discover or rediscover the power of the Word of God by reading, meditating, praying, contemplating and living the inspired Sacred Scriptures. In the end, as Father Gaston Courtois points out: “Contemplatives are the true missionaries and alone can be the true spiritual teachers”.

Thank you all for your passion and daily dedication to the inspired Sacred Scriptures. Thank you for being the contemplatives, the missionaries, the spiritual teachers that are the agents and instruments of dramatic missionary growth on Long Island and beyond.

Sincerely in Christ,

Most Reverend John O. Barres
Bishop of Rockville Centre
SOUP SUPPER
Friday, March 8th at 5:30 PM School

LENTEN MISSION MARCH 16th - 21st
Fr. Mike Whalen, CM Speaker
Saturday, Sunday All Masses
Tuesday. Wednesday, Thursday 7:30 PM

MARY’S WAY OF THE CROSS
Monday, March 18th at 7:30 PM
Choral Masterworks and Reflections

CREATIVE MINISTRIES
JOURNEY, CROSS & CRUCIFIXION
Wednesday, April 3rd at 8:00 PM

ANOEINTING OF THE SICK
Sunday, March 24th at 12:00 PM Mass

PARENTS TALK
Seeing Your Child Through God’s Eyes
Speaker: Jennifer Menneci
Tuesdays, March 26th & April 2nd at 7:00 PM

PARISH APP
Download the app at myparishapp.com
Keep the Catholic faith at your fingertips

STATIONS OF THE CROSS
Fridays 1:30 PM

RECONCILIATION
Saturdays 12:30 PM
Wednesday, March 13th at 7:30 PM
Thursday, March 14th at 7:30 PM
Monday, April 15th from 3:00 PM to 9:00 PM

HOLY WEEK APRIL 14th - 21st
PALM SUNDAY April 14th

HOLY THURSDAY April 18th
Morning Prayer 9:00 AM
Children’s Service 3:00 PM
Mass of the Lord’s Supper 7:30 PM

GOOD FRIDAY April 19th
Morning Prayer 9:00 AM
Outdoor Stations 12:00 PM
The Lord’s Passion 3:00 PM
Evening Service 7:30 PM

HOLY SATURDAY April 20th
Morning Prayer 9:00 AM
Reconciliation 10:00 AM to 12:00 PM
Easter Vigil 7:30 PM

EASTER SUNDAY April 21st
7:00 AM, 9:00 AM, 10:15 AM, 12:00 PM

FORMED
Free to join at stbarnabasny.formed.org.
Liturgical Ministers Meeting
There are Liturgical Ministers Meetings planned for Thursday, March 7th at 7:00 PM and Saturday, March 9th at 9:00 AM in the Church. Liturgical Ministers are asked to attend one of these meetings. The Liturgical Ministers meeting is for all Eucharistic Ministers, Lectors, and Ushers. These meetings are important to review practice and procedure and to update any changes that might affect your ministry. They also serve to help ministers understand the relationship ministries have with each other in the celebration of the Liturgy. Looking forward to meeting with you.

Liturgical Ministry Training
Thank you to those who have recently volunteered to become Ministers of the Eucharist. Please contact Fr. Adrian if you are interested in serving as a Lector or a Minister of the Eucharist at St. Barnabas. These are the dates for training:

**Nassau County** -
Wednesday, April 3rd at St. Christopher’s in Baldwin from 7:00 PM - 10:00 PM

**Suffolk County** -
Saturday, March 9th at St. Rosalie in Hampton Bays from 9:00 AM - 12:30 PM (English in Community Hall; Spanish in Parish Center)
Thursday, May 23rd at St. Elizabeth in Melville from 7:00 PM - 10:00 PM in Msgr. Kane Hall

One may attend either training but not both for a given day. Please contact the rectory for information and/or to register.

**Basic Training** - For all those who would like to minister at parishes as Extraordinary Ministers of Holy Communion (EMHC).

**Specialized Training** - For those EMHC’s intending to work with the sick (e.g., hospitals, nursing homes, homebound) - You must attend the basic train before attending the specialized training.

**Lector Training** - For those who wish to proclaim the Word of God at their parishes. All men, women, and young adults who wish to become a lector at their parish should attend a diocesan training session.
Our Mission is to Encourage Evangelize & Educate

Parish Soup Supper
On Friday, March 8th we will gather for a Lenten Soup Supper. We will share in a simple meal of soup and bread and take the time to think of those less fortunate in our world. Please join us from 5:30 PM - 7:30 PM in the SEAS School Cafeteria. Reservations can be made by calling Social Ministry at 785-6243 by Monday, March 4th.

Lent: Giving, Not Giving Up
Lent is often thought of as a time of sacrifice...a time to “give up” things such as candy, bad habits and maybe even the internet. Although these challenges help us to prepare for larger sacrifices in life, Lent does not have to be a time of “giving up”. Rather, we can make it a time to “give” alms and add something to our daily lives and the lives of others. When it comes to almsgiving or helping the poor, the Church makes it easy for us through our Lenten program called “Giving, Not Giving Up”. During the five weekends of Lent, every household is encouraged to bring their alms to Mass or bring them to the rectory office. This act of generosity is a tangible sign of our Lenten efforts to feed the hungry.

- March 9th/10th - Laundry detergent, dishwashing liquid, cleaning products
- March 16th/17th - Soap, shampoo, conditioner, deodorant, toothpaste
- March 23rd/24th - Coffee, condiments, oil
- March 30th/31st - Toilet tissue, paper towels, napkins, tissues
- April 6th/7th - Pancake mix, syrup, crackers

CRS Rice Bowl for Lent
Please take home a CRS Rice Bowl for Lent. They will be available in Church on Ash Wednesday. CRS Rice Bowl is Catholic Relief Services’ Lenten faith-in-action program. It offers opportunities for your family to engage daily with the spiritual pillars of Lent: prayer, fasting and almsgiving. And it’s an opportunity for us as a parish/school to come together as a community and reflect on what it means to live out our Gospel call to go out and encounter those most in need. During the next 40 days, we will encounter the stories of people in Guatemala, Uganda, Gaza and other places around the world where CRS is at work. We’ll be invited to eat simple, meatless meals each Friday from these countries. And, through the stories, we’ll learn about the principles of Catholic social teaching—and ways we can put them into action during Lent and beyond. We will see how our prayers, fasting and almsgiving can give hope to those worldwide who are most in need. I hope you will take home a CRS Rice Bowl, on Ash Wednesday.

To download our app, visit myparishapp.com
Mary’s Way of the Cross
Plan on joining us for an evening of choral masterworks and reflection entitled ‘Mary’s Way of the Cross,’ on Monday, March 18th at 7:30 PM at St. Barnabas. The Stations of the Cross will be prayed with texts told from the perspective of Mary. These evocative and touching readings in conjunction with sacred music will lead to a poignant, spirit-filled evening that is sure to enrich your Lenten observance.

Journey, Cross and Crucifixion
Journey, Cross and Crucifixion on Wednesday, April 3rd at 8:00 PM in St. Barnabas is an opportunity to become one with Christ and the people who walked with Him. For many who have shared the Journey it is almost as if it were happening now for the first time. The music, narration, dialogue and poignant silences all add to the power of this prayerful meditation. To be part of The Journey, Cross, and Crucifixion is to experience the complete and utter frustration and devastation of Mary, the frustration of Simon, the loneliness and desolation of John, Pilate’s struggle between justice and expediency and the excruciating pain and degradation Jesus suffered on the way to Calvary and His ultimate death on the Cross. For the past 24 years, the members of Creative Ministries have been presenting this powerful presentation to churches and schools throughout Long Island, leading people of all ages in a powerful prayerful Lenten experience. The troupes are made up of volunteer actors, singers and musicians who use their gifts to bring the Passion Story to life. Join us on Wednesday, April 3rd at 8:00 PM in the Church.
Sacred Relics of the Saints

St. Barnabas Parish presents a teaching and exposition of Sacred Relics on Thursday, March 28th at 7:00 PM in the Holy Family Chapel. Father Carlos Martins of the Companions of the Cross will bring over 150 relics, some as old as 2,000 years. Among the treasures will be relics of St. Maria Goretti, St. Therese of Lisieux (the “Little Flower”), St. Francis of Assisi, St. Anthony of Padua, St. Thomas Aquinas, and St. Faustina Kowalska. In addition, there will also be a present portion of the veil of Our Lady, as well as one of the largest remaining pieces of the True Cross in the world. Those in attendance will be able to examine and venerate each relic. In the Church’s history many miracles and healings have been worked in the presence of relics, and many have been healed through this ministry. Please do not miss this opportunity. You are encouraged to bring your articles of devotion (such as rosaries, holy cards, etc.) and pictures of ill friends/family members which you will be able to touch to the reliquaries as a means of intercession.

RCIA News

During Lent, our Candidates and Catechumens enter the Period of Purification and Enlightenment. On Saturday, March 9th, at the 4:30 PM Mass, the parish will participate in the Rite of Sending these men and women to the Bishop for recognition. Later that evening the Catechumens, Miranda Awe, Bonnie Connors, Rich Jacobsen, Karl Seman, Molly Maroney, and Suzanne Villani will sign their names in the Book of Enrollment for the Elect at the Rite of Election.
at 7:30 PM at St. Christopher in Baldwin. On March 17th, at the 10:30 AM Mass, Deborah Savours will participate in the Call to Continuing Conversion at St. Barnabas. Please keep them in your prayers as they prepare for the Easter reception of the sacraments.

St. Patrick & St. Joseph Celebration
Join us for Irish Soda Bread, Cannoli and other treats after the 9:00 AM Mass on Monday, March 18th in celebration of St. Patrick and St. Joseph.

Catholic Daughters of the Americas
The next meeting of the Catholic Daughters of the Americas, Court Mother Seton #2413, will be held on Tuesday, March 5th at 7:00 PM in the school cafeteria. Our annual St. Patrick’s Day Bake Sale will be held on Sunday, March 10th after the 9:00 AM, 10:15 AM, 10:30 AM, and 12:00 PM Masses. Come celebrate St. Patrick’s Day with Irish Soda Bread and many other home baked goods. For further information, contact Jackie at 781-7846.

Widow & Widowers St. Patrick’s Day Lunch
St. Patrick’s Day lunch at the Wantagh Inn on Thursday, March 14th at 12:30 PM. This event is being run by Eileen Keeley (826-5476) and Mary Higbee (826-3019). The cost is $24. Checks should be sent to Eileen Keeley, 1880 Village Lane South, Wantagh 11793, no later than March 12th.

St. Patrick’s Day Dinner Dance
Come celebrate St. Patrick’s Day at the Bellmore Knights of Columbus Club on Saturday, March 9th from 7:00 PM - 11:00 PM at 101 Frederick Avenue. Dinner will include corned beef and cabbage, chicken cutlets and Irish soda bread. There will be an open bar with Irish coffee and live music. Cost is

Ladies Auxiliary Knights of Columbus
Supermarket Bingo
Friday April 5, 2019
7 pm
Saint Elizabeth Ann Seton School - Bellmore
Admission: $10.00 per person
(children under 12 free)

Receive 1 free package of Bingo cards,
Free Coffee, Tea, Cake and Cookies

PURCHASE:
Tickets for Beautiful RAFFLES
Extra Bingo sheets, Water, Soda, Juice, Chips

No reservation required (unless you want a saved seat for large group)
Contact: Teresa 516-826-6022

*Proceeds will benefit St. Barnabas pantry
$40 per person. For reservations please contact John Weber at 426-3682, Bill Style at 965-1399 or John Murphy at 221-8599 by March 2nd.

Kellenberg St. Patrick’s Day Dance
Join us for an evening of dinner and dancing, featuring The Irish Mist on Saturday, March 16th at Kellenberg Memorial High School, 1400 Glenn Curtiss Blvd. from 7-11 PM. Cost is $40. Register by visiting www.kellenberg.org/kapa or contact the Office of Advancement at 292-0200, ext. 245.

St. Vincent de Paul Collection
Jesus uses images in speaking to His disciples: “Can a blind man act as guide to a blind man?...Why look at the speck in your brother’s eye when you miss the plank in your own?...A good tree does not produce decayed fruit…” Most of us think that we have more forgiveness to give than to receive. We like to think that more people are unfair or unjust to us than we are to them. Because we think in that way, we find it hard to offer forgiveness, real forgiveness, to others. If we spend more time thinking about what it costs others to forgive us, rather than about what it costs us to forgive others, we would be more successful in taking resentment out of our hearts. Where there is resentment, there is need for offering forgiveness. Please be generous in the second collection today so that we can continue to do God’s work helping the poor.

Church in Need Collection
On March 10, 2019 a collection will be taken for “The Church in Need.” The monies collected at this time will be shared among three areas of the world
where there is a particular need for help:
Church in Central and Eastern Europe - the funds collected provide support for pastoral care, catechesis, building renovations, and seminary formation. Your support restores the Church and builds the future in this region.
The Church in Latin America - your support of the collection provides lay leadership training, catechesis, priestly and religious formation, and other programs to share our faith with those who long to hear the Good News of Christ.
The Church in Africa – the fund supports pastoral projects that strengthen communities in their faith and foster lasting peace and reconciliation in a continent often marked by division and tension.
Thank you for your generosity.

St. Barnabas Pre-Cana
In Home Sessions: February 10th - March 24th
Closing Mass: April 7th - Sunday, 5:00 PM followed by refreshments.

Worldwide Marriage Encounter
“Therefore, my beloved brothers and sisters, be firm, steadfast, always fully devoted to the work of the Lord.” Be firm, steadfast and devoted to your marriage by attending a Worldwide Marriage Encounter Weekend. The next weekends are April 26th - 28th and June 28th - 30th, both in Huntington. For more information, call John and Toni Torio at (877) 697-9963 or visit them at https://wwmenyli.org/.

Girl Scout Sunday
Our Annual Girl Scout Sunday Mass will be held on Sunday, March 10th at 9:00 AM. First grade Daisies who have earned the *Jesus Loves Me* Award and Brownies who have earned the *Ave Maria* and *Family of God* Awards will receive their medals at the Mass. Immediately following the Mass will be a Communion Breakfast in the school cafeteria. All Girl Scouts are invited to attend. Tickets are $6 ($4 for children aged 4 and under) and must be purchased no later than March 3rd. For reservations, please contact Judy Hughes at 781-8040 or Joan Monastero at 783-8567 or monasteroj@verizon.net.

The Legion of Mary
The Legion of Mary is an army set in battle array. We are Christ’s army of the church. Do you want to learn more about your Catholic faith? Do you want to deepen your prayer life? Do you want to grow closer to Jesus and His mother? Do you want to develop close Catholic friendships? The Legion of
Mary is an Apostolic organization of lay people makes its members better Catholics through a balanced program of prayer and service through Mary, Mother of the Church. For information, please call Judy Germaine at 580-3160.

The Men of the Way of Light

“Can a blind man lead a blind man? Will they not both fall into a pit?” Jesus is telling us that we must be open to His word. He also tells us that we need to remove the log (sin) in our own eye, before we can remove the speck in our brother’s eye. Sin blinds us to Jesus’s ways. External expressions of piety or virtue have no value in themselves. What matters and gives meaning is one’s inner disposition. We are told, “No good tree bears bad fruit, nor does a bad tree bear good fruit. The good man out of the good treasure of his heart produces good, and the evil man out of his evil treasures produces evil.” St. Theophilus of Antioch states, “Those who see God can do so because the eyes of their souls are open. The sun does not cease to shine because those blinded by sin cannot see it!”

Just as a tree’s fruit tells us what kind of tree it is, a person’s actions reveal what’s in their heart. Is the Good Word planted in your heart? Need a little cultivation? Please join our faith discussion group at our next meeting on Saturday, March 9th immediately following the 8:00 AM Mass. We meet in the Nazareth Room of the Holy Family Chapel. Bagels and coffee are served. Meetings run until 10:30 AM. For information, visit FaceBook page.

Retreat for Widows

Marianist Family Retreat Center in Cape May, is having a Mid-week retreat for widows from April 30th - May 2nd. Join with other widows as we look at our own individual stories for courage and wisdom. We hope to discover how in the sharing of our stories we continue to find strength and hope. There will be time for sharing in small groups, Eucharist and other appropriate liturgies. Beach walks, socials and fun are also included! Cost is $140 per person, double occupancy. You
can sign up online at www.capemaymarianist.org. or call (609) 884-3829 to register.

Lenten Antioch Retreat
The Antioch community of St. William the Abbott invites you to join us for two days of stories, music, reflection, prayer, scripture, Sunday Mass, delicious food, and good company! Saturday, March 30th from 8:30 AM - 9:30 PM, and Sunday, March 31st from 8:30 AM - 3:00 PM at St. William the Abbot School, 2001 Jackson Avenue, Seaford. To register, contact Jo-Ann Metzdorff at 361-2392 or email her at joann.metzdorff@gmail.com. The deadline is March 23rd.

Support Group
Are you or is someone you know struggling from a mental health disorder such as anxiety, depression, bipolar disorder, substance abuse, OCD, eating disorder, or schizophrenia? Please join us at St. Killian Parish Center located in the basement of the church at 485 Conklin Street, Farmingdale on Tuesday, March 19th at 7:00 PM. Ellen Ritz, RN and President of the National Alliance for Mental Illness Nassau/Queens, will present what a disorder is, current treatments and how you can help a friend or family member who is struggling.

Run For Tomorrow’s Hope
Join Tomorrow’s Hope Foundation and L.I. Catholic Elementary schools for the 4th Annual 5K & Fun Run for Tomorrow’s Hope Foundation. Saturday, March 30th at 450 Franklin Avenue and Fourth Street, Garden City. Fun Run starts at 8:30 AM, 5K starts at 9:00 AM. The mission of the Tomorrow’s Hope Foundation is to ensure the excellence as well
Our Mission is to Encourage Evangelize & Educate

as the continuance of Catholic Schools on Long Island by increasing awareness and by providing scholarship and program funding for the need of students and schools.

Healing Mass
There will be a Healing Mass in the Church of St. Anastasia, 45-14 245th Street, Douglaston, on Tuesday, March 5th at 7:00 PM. The celebrant is Fr. Augustine Fernando. Contact (718) 631-4454.

SAT Exam Prep Course
St. Dominic High School in Oyster Bay is holding SAT Exam Prep Courses on the following Saturdays: March 9th, 16th, 23rd, 30th, April 6th, and 13th. 9:00 - 11:30 AM in Marian Hall. Course fee is $250 and includes textbook. Contact Mrs. Stutzmann at 922-4888, ext. 5241.

Resources for Veterans
Free informational program at the Long Island State Veterans Home, 100 Patriots Road, Stony Brook on Saturday, April 27th from 9:00 AM - 1:00 PM. Representatives from Northport VA Eligibility and Enrollment will be on site. Free health, dental and vision screenings including free blood pressure, cholesterol and glucose checks will be performed. Experts will answer a variety of questions from benefits and insurance to banking, food stamps and heating assistance. Call 444-8606 or visit www.listateveteranshome.org.
Bereavement Conference
For the Bereaved and those Ministering to them
theme
GRIEF IS... A JOURNEY

Saturday, March 30, 2019
ST. PATRICK PARISH, HUNTINGTON
9:00am to 3:00pm
$40.00 includes continental breakfast and lunch

Keynote Speaker
Kenneth J. Doka, PhD

Kenneth J. Doka, PhD is a prolific author; Dr. Doka's books include Grief Is a Journey: Finding your Pathway through Loss, Helping Adolescents Cope with Loss, Journeys with Grief: A Collection of Articles about Love, Life, and many others. Dr. Doka is editor of both Omega: The Journal of Death and Dying and Journeys: A Newsletter to Help in Bereavement. He has an ongoing blog for Psychology Today entitled Good Mourning.

He is a recipient of the Caring Hands Award as well as the Dr. Robert Fulton CDEB Founder's Award. In 2006, Dr. Doka was grandfathered in as a Mental Health Counselor under NY State's first licensure of counselors.

Dr. Doka has keynoted conferences throughout North America as well as Europe, Asia, Australia and New Zealand. He participates in the annual Hospice Foundation of America Teleconference and has appeared on CNN and Nightline. In addition he has served as a consultant to medical, nursing, funeral service and hospice organizations as well as businesses and educational and social service agencies. Dr. Doka is an ordained Lutheran minister. For more information visit www.drkendoka.com

To keep up to date on the Conference and all Bereavement services, support groups and programs available, please visit our website: www.droc-faith.org/bereavement/
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If you’re thinking about Lenten resolutions, consider the traditional practices of prayer, fasting, and almsgiving (works of charity). Here are some ideas to get started.

Prayer

Lent is an excellent time to evaluate our prayer life and, if necessary, make improvements.

A few suggestions:

- Set aside a time for prayer each day and invite your spouse to do the same. It can be the same time or different times depending on your schedules. If you’re parents, take turns looking after the kids so that each of you can have quiet time.

- Watch a video reflection on the day’s scripture readings (www.usccb.org/bible/reflections). Exchange an insight or two with your spouse.

- Dip into a spiritual classic, for example, by St. Francis de Sales, or the autobiographies of St. Therese of Lisieux and St. Teresa of Avila.

Fasting

Giving up a favorite food or drink is a tangible reminder of our commitment to draw closer to Christ. Or we can fast from a non-productive behavior or attitude.

Some ideas:

- Participate in your parish’s weekly soup supper, or serve a simple supper in your home once or twice each week.

- Give up a video game, TV program, or social networking site. Use the time to do some spiritual reading, visit an elderly relative, or help your children learn a new skill.

- “Fast” from negative comments, put-downs, and sarcastic remarks to and about your spouse, friends, or siblings. Apologize if you slip up.

Almsgiving

Consider making a commitment that will last beyond the Lenten season.

Here are some suggestions:

- Take out your household budget and review your charitable contributions. Do you need to increase them or change the allocations to the various charitable organizations?

- Do you volunteer in your parish or community? If so, discuss how you can support each other. If you’re not already a volunteer, prayerfully discern whether you are called to some kind of service.

- Simplify your life. Clean out a drawer, closet, or other storage area each day during Lent and give unneeded but usable clothes and household items to charitable organizations.
Level 8 Class
March 13th or 14th
Chapter 22 ‘Why Wait?’
God’s Plan for Love and Sex

The purpose of this lesson is to present chastity as the path to authentic love and to introduce the “Theology of the Body” principles to this age group. We want to show how the personal expressions of authentic love mirror (truly, yet imperfectly) the love of the Blessed Trinity—that we are, indeed, “made in the image and likeness of God.” For teens, the virtue of chastity is best interpreted not as a prohibition (avoid sex), but as an invitation (seek and reflect real love to others out of love for God). At the same time, we must offer practical applications in order to help them distinguish between authentic love and cultural counterfeits (e.g., lust).

Conversation Starters
How is choosing to wait until marriage to have sex the best possible way to say, “I love you”? Why do you think some teens feel like they have to say “yes” to sexual activity? What are they looking for? If true love is “free, total, faithful, and fruitful” (see CCC 1643), how can one practice these things even as a single person?

Level 7 Class
March 20th or 21st
Chapter 11 ‘How God Helps When It Hurts?’
Anointing of the Sick

The purpose of this lesson is to address the mystery of suffering and the Sacrament of the Anointing of the Sick. In this sacrament, God gives us grace to deal with suffering heroically; he also uses the sacrament to bring about spiritual healing and, when it is God’s will, physical healing as well. We call suffering a “mystery” because the most painful tragedy of human history—the killing of the Son of God on the cross—became the source of infinite blessing, our salvation so we have faith that God can bring great good out of great pain and that he allows suffering in order to perfect us. Through the Sacrament of the Anointing of the Sick, God provides spiritual and sometimes even physical healing. He gives the sick person the grace to face serious illness and death. Through the mystery of redemptive suffering, we can offer our earthly sufferings back to God where, joined to the sufferings of Christ, we participate in the redemption of the world.

Conversation Starters
What are some ways God can bring good out of suffering?

Reconciliation for Level 8 at 7:30PM Wednesday, March 13 & Thursday, March 14
Service of Light for Level 8 at 7:30 M Wednesday May 1 & Thursday May 2
Confirmation with Bishop Andrzej Monday, May 20
100% of our 8th grade class will be attending Catholic High School.

100% of our Advanced Math Students passed the Regents exam last year.

SEAS students have been using cross-disciplinary learning known as: STREAM

(Science, Technology, Reading, Engineering, Art, and Math)

STREAM education has been identified as a pivotal component in developing student critical thinking, problem solving and collaborative skills.

Our students have been working with these skills as early as our Pre-K program where they participate in STEM activities with our Junior High Science Classes and continues throughout their career at SEAS with things like Mouse House projects, Baking Contests, Camouflage Butterflies, STEM Fair, and Enlargement Projects.

Call our Main Office to schedule a private parent led tour TODAY!

My experience in Catholic school largely impacted the person I am today. I feel fortunate that my parents knew the value of Catholic education. Though they chose my elementary education to be Catholic, I feel I was the one who decided to continue to let my faith be a driving force in my life through high school and college. I always say that my education was unlike any other because of the way that God played a role. I feel I have the greatest job because I get to challenge my students to deepen their faith through small acts in my classroom that they will hopefully carry out into their communities and to the world.

~ Lauren Conniff, SEAS MS Social Studies Teacher

A SEAS Legacy Story...

FridaY
March 15
Cure' of Ars @ 7:30

We are a Regional Catholic School serving our five parishes: St. Barnabas, Cure of Ars, St. Raphael, St. Frances de Chantal, and Sacred Heart.
REMINDERS:
We cannot allow anyone into the building during class time that is not a volunteer - doors will open at 5:30 PM for dismissal. If you have not come in to sign for and pick up your “Parent Safety Guide” please call the office to make arrangements to do so as soon as possible.

With the cold weather upon us, we are in need of Adult Volunteers to sub when the catechist cannot come in as well as Hall Monitors to help maintain the safety in the building.

Days and times of classes: Monday - Thursday from 4:30 PM - 5:30 PM. Please call the Religious Ed. Office at 785-0130 for information.

The next middle school meeting is on Sunday, March 10th at 6:00 PM to 7:00 PM. We are in need of volunteers from our Youth Group for our Soup Supper here at St. Barnabas. The Soup Supper is on the first Friday of Lent, March 8th, at 5:30 PM in St. Elizabeth Ann Seton School. This is a great opportunity for service for school or Confirmation. If you are able to assist, please email stbyouth17@gmail.com to let us know. Thanks! Kieran Maelia, Youth Minister

Our Time is the perfect way for you and your child to become familiar with the classroom environment while singing songs, doing crafts, reading books, and celebrating God’s love together.
Jesus asked: “Can the blind lead the blind? Will they not both fall into a pit?”

Jesus said good people bring good things out of the good stored up in their hearts. Evil people bring evil things out of the evil stored up in their hearts.

“For the mouth speaks what the heart is full of,” said Jesus.

Jesus asked, “Why do you look at the speck of sawdust in another person’s eye and pay no attention to the stick in your own eye?”

“No good tree produces bad fruit, and a bad tree doesn’t produce good fruit,” said Jesus. He said each tree is known for its own fruit.

“First take the stick out of your eye, and then you will see clearly to remove the speck from the other person’s eye.”

“People do not pick figs from thornbushes, or grapes from briers,” He said.
God wants us to bear good fruit!
### Crossword Puzzle: Bearing Good Fruit

**ACROSS**

2. The sweet, pear-shaped, fruit of a plant found in Bible lands.

4. A simple story teaching a moral or religious lesson.

6. The top layer of the earth's surface favorable to plant growth.

8. To spread a something on land or plants to help plants grow.

**DOWN**

1. An area of ground planted with vines and fruit trees.

3. The usually sweet-tasting part of a tree which can be eaten.

5. A large plant with a trunk, limbs, branches, and leaves.

7. To break up and move dirt using a shovel.

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**Clues:**

- Dig
- VINEYARD
- TREE
- PARABLE
- FIG
- FERTILIZE
- SOIL
- FRUIT
Jesus Tells a Parable

Jesus told this parable: “Can the blind lead the blind?”

Shade in the boxes below to form a word. Write the word on the blank to finish the verse.

A: 1, 2, 3, 6, 7, 8, 10, 11, 12, 13, 14
B: 1, 4, 7, 12
C: 1, 4, 7, 12
D: 1, 2, 3, 7, 12
E: 1, 7, 12
F: 1, 6, 7, 8, 12

“Will they not both fall into a _______?”

Then Jesus finished the lesson. What did He say?

In each heart, circle the word that does not rhyme with the others. Write the circled words on the numbered blanks below.

stewed mood good rude
leans greens beans things
hear heart clear cheer
leave weave evil sleeve
stared stored scared
man main plane cane

“A _______ brings _______ out of the _______. _______ up in his _______ and an _______ brings _______ out of the _______. For the mouth speaks what the _______ is full of.”

Then Jesus said, “No good tree bears bad fruit, nor does a bad tree bear good fruit.”

Use the code to write the words on the blanks.

= briers = grapes = pick
= figs = own = thornbushes
= fruit = People = tree

“Each _______ is recognized by its _______ _______. _______ do not _______. _______ _______ _______ _______ from _______. _______ _______ from _______.”

Repent and believe in the Gospel.